

MAMA NANFUKA

Uganda



IMPROVEMENT ROADMAP

January | 2024



Overview of this Children's Home

Background & Mission

Mama Nanfuka is a caregiver devoted to serving and looking after children. She is part of the 92hands foster care program and strongly believes that this is her God-given calling and has devoted to do it for a lifetime. She currently has 6 children at the home with the youngest child being 3 years old and the oldest, 12 years old.

The mission of 92hands is to help foster mothers meet the physical, mental, emotional, and spiritual needs of every child by providing them with love, care, guidance, and education so that they can grow and become beacons of change. They envision a loving home where children have freedom of speech and a right to be understood and loved equally, thereby raising responsible individuals that will be accountable for their actions in the future. Additionally, they seek to help provide a home free from chronic diseases and full immunization to fight illnesses and infections in order to maintain a healthy lifestyle for all the children. 92hands envisions a literate generation where all children are enrolled in school, receive quality education, and are well equipped with scholastic materials. They believe every child has a right to quality education. Through these programs, 92hands hopes to raise a responsible generation that knows their rights, stands up for the voiceless in their communities, and promotes values taught at a tender age. In the future, they hope to see these children transform the world, by helping change future politics in Uganda and govern the country under Godly principles.

Recent Accomplishments

- Mama Nanfuka started her grocery business where she sells food, vegetables, and charcoal in her local community, which has allowed her to feed her family and earn a living at the same time.

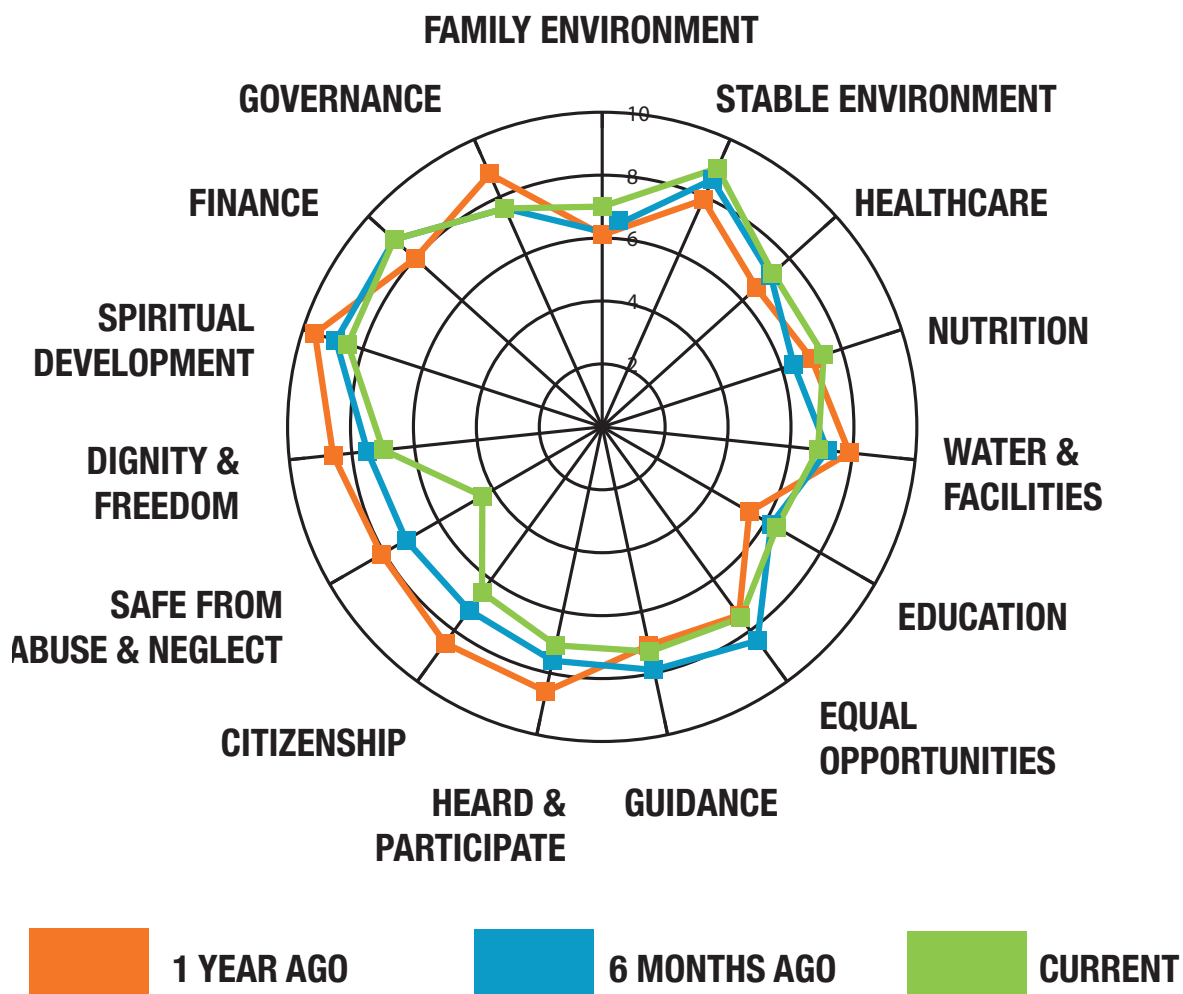


The Thrive Assessment

What is the Thrive Assessment?

In 1959, the United Nations (UN) adopted the Declaration of the Rights of the Child, which defines children's rights to protection, education, healthcare, shelter, nutrition and more. We have codified all 13 Rights, as well as a Finance Standard and a Governance and Human Resource Standard, resulting in a total of 15 standards. These standards ensure that children receive care that truly helps them to thrive, now and in the future. The Thrive Assessment will be administered every 6 months with each partner home to chart the progress of each standard. Our team works with caregivers to outline next steps which and compiled into an Improvement Roadmap.

Current Thrive Scale



Strategic Initiatives

CONSTRUCT A GATE

PROJECT SUMMARY	At Mama Nanfuka's home, there's a need to construct a gate in order to create a more safe and secure environment for the children, which would cost \$1,500 USD.
INITIAL ANTICIPATED COST	5,824,959 UGX \$ 1500 USD

EDUCATION SUPPORT

PROJECT SUMMARY	Currently not all children are able to attend school. Education sponsorships are needed for two children, which would cost \$35 per child and \$70 per month. Additionally, extra lessons with a tutor are needed, which cost \$137 per month or \$1,650 for a year.
INITIAL ANTICIPATED COST	765,900 UGX per month \$ 207 USD per month

HIRE A NUTRITIONIST

PROJECT SUMMARY	Hiring a professional and well-trained nutritionist is necessary in order to help out with food preparations as well as train the caregiver and the children in these processes. This will cost \$200 per session.
INITIAL ANTICIPATED COST	740,000 UGX per session \$ 200 USD per session



Right to Live with Family

SURVIVING

SUSTAINING

THRIVING

Mama Nanfuka is a full time mother who lives in a slum area called Lungujja Kosovo in Kampala district with her six children. She looks after children that range in age from 3 to 12 years old. The caregiver is slowly improving on understanding the effects of trauma. With the help of the 92hands team, identifying families for reunification is being worked on. There's a need to bring in extra help for Mama Nanfuka and the children, most especially on days they are all at home, such as during the holidays. Hiring a well trained house help would cost \$52 USD per month.

- Hire a new house helper to assist Mama Nanfuka - \$52 per month.
- Focus more efforts on reuniting children with their families.



Right to a Stable Environment

SURVIVING

SUSTAINING

THRIVING

The caregiver is responsible for the rules made in the home and oversees the children. When children break the rules, they are given appropriate disciplinary measures. This is done to guide the children in an obedient manner and helps emphasize respect for elders and among themselves. Children are not allowed to bully each other or call each other nicknames. Time is always set aside for the children to play and interact with one another which also creates togetherness in the home. Mama Nanfuka is able to receive time off to rest during the children's playtime as well. Family gatherings are mandatory for every member of this home and are often done on weekends or during the holidays.

- Schedule more time for family gatherings to create stronger bonds between the caregiver and children.



Right to Healthcare

SURVIVING

SUSTAINING

THRIVING

Children in this home must have an annual checkup and there may be a need for more than one checkup within the year. The 92hands team is working hard to see that all children get proper documentation for their standard vaccinations. There has been an identified clinic in the area that helps out in case of any emergencies. There is one adolescent in the home at the moment, and the caregiver gives her all the support that is needed in regards to menstruation and hygiene. When it comes to annual vision and dental checks, examinations are only done in case of any emergencies. There is a need to restock or replace a first aid kit for the safety of the children at home, which will cost \$80 USD.

- Purchase a new first aid kit - \$80 USD.
- Provide more medical checkups for the children to ensure they are healthy.
- Find proper documentation for all of the children.



Right to Nutrition

SURVIVING

SUSTAINING

THRIVING

Calorie intake is still not measured in this home. However, due to the fact that Mama Nanfuka started up a grocery business, she's currently able to provide more fresh fruits and vegetables for the children. They now have 1 serving of vegetables and fruits in a day, hence an increase in the fruit intake and better diet in this home. Mama Nanfuka also prepares meals in this home, though she needs more help and training. They have a need for a well trained, professional nutritionist to help out with food preparations as well as train the caregiver and the children. Protein intake is still low in this home due to the high cost of protein.

- Obtain more proteins for the children to have a balanced diet.
- Find a professional nutritionist - \$130 USD every month.
- Provide more training for the caregiver in food preparation.



Right to Safe & Adequate Water & Facilities

SURVIVING

SUSTAINING

THRIVING

This home has no sink faucets, but the children wash dishes in bigger pots and buckets with their hands. In case of any electrical emergencies, the children always use candles or lamps under the care of Mama Nanfuka. The 92hands team is working hard to put an emergency plan in place for any cases in the future. This home has a safe drinking water filter with no chemicals to ensure clean and safe drinking water for the children. Currently there are no smoke alarms in this home, but younger children are always kept away from fire or any dangerous areas. There is a need for more power outlets and more lights need to be installed in certain areas of the house to increase security.

- Purchase more lights for security and power installation - \$260 USD.
- Create an emergency plan in case of a fire outbreak.



Right to Quality Education

SURVIVING

SUSTAINING

THRIVING

In this home, only two children go to school with full tuition while the other two are on half sponsorship and the requirements like school books, reams, toilet paper, pencils and more, are provided by the caregiver and the 92hands team. Every child in this home can read and write, with the guidance of the caregiver or fellow children. They practice on a daily basis at home by reading and writing exercise books. This home has no computer or internet provision for the children, but rather the children are helped by the caregiver and monitored well in class. She also helps in reviewing their workbooks at home and even at school alongside the class teacher.

- Obtain funding for school fees and materials for the other children in this home.
- Obtain computers and internet for the children to have access to online learning.
- Find a private tutor for the children.

Right to Equal Opportunities

SURVIVING

SUSTAINING

THRIVING

Bedrooms are shared amongst the children in this home which does not have enough space for personal belongings. There are currently no children with disabilities in this home, but if a child with a disability situation came to the home, they could be accommodated. Some members from the 92hands team are mentors for the children and also act as role models. These mentors visit them once or twice a week, making it easier for the children to interact with different people, hence they loosen up and are more open. All children in this home have a right to education, which is well known by them. This is also being worked on by the support staff to see that every child attends school with fully paid school fees and scholastic materials.

- Ensure that all children attend school by providing for their school fees.
- Obtain funds to restructure the bedrooms to create enough space for their personal belongings.
- Find more time to mentor the children and create a stronger bond.



Right to Guidance

SURVIVING

SUSTAINING

THRIVING

Rules and regulations are clearly communicated and printed out in this home for all the children to see, read, understand and obey them properly. The caregiver in this home discusses or talks about sex education with the adolescents hence guiding them which also gets them ready mentally for the future and any body changes. Mentors also join in for these talks which is helpfully and also giving an open space for the children to express themselves freely. A transition plan is being worked on by the support staff for each child in this home to see that they are all able to live well even after the orphanage. Currently there isn't a regular documented life skills program and this should be worked on by the support staff.

- Schedule for more sex education and talks with the adolescent children in the home.
- Create extra time for mentors to communicate and have chat time with the children.
- Fully work on the transition plan for each child.



Right to Be Heard and Participate in Decisions

SURVIVING

SUSTAINING

THRIVING

Leadership is highly respected in this home whereby all children have the character of leadership and respect their leaders as well. Children are free to decide on what to wear under the supervision of the caregiver. Children are also free to ask questions regarding health to know their status. The caregiver of this home sometimes gives the children a chance to plan what to eat by helping her cook, which motivates them more and builds their confidence. All needs expressed by the children are addressed by the caregiver or mentor to show that their needs are acknowledged. Leadership amongst the children is highly advised and the caregiver always gives children opportunities to lead under her guidance, which she says brings her joy and hope.

- Create more bonding time for the children and caregiver aside from house chores.
- Allocate more roles and leadership tasks for children to advance in those areas.
- Engage children more in decision making.



Right to Be Prepared for Citizenship

SURVIVING

SUSTAINING

THRIVING

The caregiver is given required training on how to protect and help the children respectively and this occurs quarterly. Children in this home are obligated to do certain house chores like washing utensils, with the help of the caregiver and according to their age which also creates connection between the caregiver and the children. Most of the children do not have birth certificates or any accepted documentation currently but the 92hands team is working on providing each for each child. National holidays are highly observed and celebrated sometimes while children also attend non routine activities outside in the community though it happens once in a while.

- Engage the children more in the community activities under the look of the caregiver.
- Obtain birth certificates for each of the children.



Right to Safe from Abuse & Neglect

SURVIVING

SUSTAINING

THRIVING

All children in this home use the same bathroom, but at different intervals. The children also share the bedroom for both girls and boys, which highlights the need for separate rooms to create privacy. The caregiver of this home always assigns a professional teacher or helper at the school to look after the children while on off school outings. Caregivers always undergo intensive training before joining a home and continue training with quarterly meetings and evaluations. All this helps ensure child care protection.

- Find funds to build another bathroom so boys and girls are separated.
- Provide more ongoing training to the caregivers on child care and protection.



Right to Dignity and Freedom

SURVIVING

SUSTAINING

THRIVING

Disrespect in this home is highly prohibited, which includes unkindness, abuse, or any demeaning actions towards the children, and discipline is in place for those that disrespect. The outdoor play area is not suitable for the children in this home because of the surrounding slum area. Thus, the caregiver's constant supervision is necessary when the children are playing outside. Toddlers are regularly bathed by the caregiver, whereas the elder children bathe themselves under the supervision of the caregiver. This home encourages children to use their native language, but they are in need of more reading materials for children to know and understand their culture.

- Find funds to build a fence for the home in order to increase safety.
- Purchase more reading materials for children to better understand their culture.



Right to Spiritual Development

SURVIVING

SUSTAINING

THRIVING

Religious holidays like Christmas and others are taught to the children at home, church and in school. Children have access to religious books while at church and at home. Children go to a nearby church in the community known as Word of Life Community Church where they are able to gather and fellowship as children. Prayer and devotions are always held in the living room with everyone to fellowship and gather as a family. These activities help create a warm and safe space for everyone, as well as time to bond.

- Obtain more religious books for each of the children in the home.



Financial Standard

SURVIVING

SUSTAINING

THRIVING

A qualified accountant continues to help with tracking monthly income, expenses and records, which helps balance the accounts. The 92hands team collects receipts of purchased items for the accountant or person responsible for accountability and monthly record keeping. Budgets are formulated and planned for upcoming events and projects. Sometimes the budget is not fully funded, but the 92hands staff try to fulfill the basic needs of the homes. There is need of an auditor for proper balancing and accounting, which would also help the home for proper planning and accountability purposes.

- Find an affordable auditor that can balance and manage accounts.
- Find more funds to manage the home.



Governance and Human Resource Standard

SURVIVING

SUSTAINING

THRIVING

Meetings are always held between the caregiver and the 92hands team to address misunderstandings and improve on different processes. The support staff, together with the caregiver, continue to hold an annual training on child development and attachment, which helps in the home. The support staff is working on property ownership and creating a safe environment for the children to live in.

- Provide more training on child development.
- Hold more meetings between the caregiver and the 92hands team.

Current Improvement Partners



92 hands

92hands is a Ugandan nonprofit that focuses on supporting single mothers in the slums of Kampala to care for street kids. They prioritize education, skill building, and healing for both the mothers and the kids. Learn more at www.92hands.org.

For a list of projects and opportunities to coordinate on go to www.ACHF.org/Projects



**A CHILD'S
HOPE**
FOUNDATION